



Physical Education Intent Statement

Intent

The intent of Physical Education across our schools is to create a culture which inspires an active and enthusiastic generation with the necessary skills to confidently compete in a range of different sports. We strive to give children the tools and understanding to make a positive impact on their own physical health and wellbeing by maintaining an active and healthy lifestyle.

We encourage all children to develop their understanding of the way in which they can use their body, equipment and apparatus safely yet imaginatively to achieve their personal goals. All children have the opportunity to enjoy being physically active, maintain a healthy lifestyle and using the medium of sport, increase their self-esteem. We aspire for children to adopt a positive mind-set and believe that anything can be achieved with determination and resilience.

Within our Physical Education lessons, the six school games values underpin the morals of sport we wish to instil on our children. Determination, honesty, respect, passion, teamwork and self-belief.

We provide opportunities for children to learn how to stay safe by starting swimming lessons in KS2 and continuing until children have become confident in the water, knowing how to keep safe and also meet the National Curriculum requirements of swimming 25m by the end of Year 6.

Experiences for pupils are:

- Inclusive
- Exciting
- Challenging
- Engaging
- Real and experiential
- Relevant to their context
- Influenced by pupils
- Progressive
- Values-led
- Safe

The curriculum is designed to include:

- A clearly articulated learning journey with a purposeful outcome
- An engaging stimulant for learning
- Opportunities for pupils to contribute to planning the learning journey
- Real experiences
- Application of basic skills
- Cross-curricular links where they add value



Implementation

The Physical Education curriculum at The Federation of St Joseph's and St Thomas More Roman Catholic Voluntary Aided Primary Schools has been designed to ensure that children have a multitude of sporting experiences and to develop their skills and confidence in games by:

- Providing challenging and enjoyable learning through a range of sporting activities including; invasion games, net & wall games, strike and field games, gymnastics, dance, swimming and outdoor & adventure.
- Planning PE units which are to be taught throughout the year and ensures that the requirements of the National Curriculum are fully met.
- Ensuring pupils participate in two high quality PE lessons each week, covering two sporting disciplines every half term.
- Providing a varied range of extra-curricular activities for children.
- Providing opportunities to attend competitive sporting events within the local area to develop teamwork, leadership skills.
- Developing Year 6 children to become Sports Leaders to become sporting role models for the younger children, assisting with lunch-time clubs, our annual Sports day and any other Sporting activities.
- Providing opportunities for children in KS2 to swim once a week for a half term throughout the school year.
- Providing 'Active Bursts' including the 'Daily Mile' to help meet the government target of all children being active for at least 60 minutes a day.
- Providing OPAL playtimes so that children can develop a range of different skills during their play.

Impact

The following outcomes are used to measure the impact of our curriculum:

- Pupils who are passionate about sport
- Pupils who confidently apply their learning
- Pupils who have relevant key skills
- Pupils' standards and achievements in Physical Education
- Pupils who understand
 - How to lead an active and healthy lifestyle
 - How to work as a team
 - How to be leaders of a team



Live fully, act justly





Live fully, act justly

